



Addiction: Understanding Addictions

C.D. Shelton

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The word "Addiction" implies that an addict does not have any measure of control over his or her behavior. Can their behavior be modified through therapy, medication, and will-power? We will explore this question and more in this eBook.

This book covers the topic of addiction in a conversation between a Psychology student and a recovering alcoholic as they attend a conference on OCD (Obsessive Compulsive Disorders), Impulse Control Disorder, Alcohol Addiction, Compulsive Overeating, Pornography, and Gambling.

These questions and answers are highlighted in this well-researched, and enlightened discussion on the true definition of "Addiction" and solutions offered by the medical community.

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