



# Breastfeeding Answers Made Simple: A Pocket Guide for Helping Mothers

*Nancy Mohrbacher*

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**Breastfeeding Answers Made Simple: A Pocket Guide for Helping Mothers** Nancy Mohrbacher  
Breastfeeding Answers Made Simple: A Pocket Guide for Helping Mothers is the latest must-have reference from Nancy Mohrbacher, IBCLC, FILCA, co-author of *The Breastfeeding Answer Book*. How does this pocket guide compare to its larger cousin, *Breastfeeding Answers Made Simple (BAMS)*? Both contain the basic information and strategies you need to help mothers with a vast array of common and unusual breastfeeding challenges. But to make this companion volume portable enough to keep on hand while working with families, what's been removed are the thousands of research citations and often lengthy explanations for its strategies. Written for all levels of expertise, from beginners to advanced practitioners, *BAMS Pocket Guide* is an ideal resource for hospitals, clinics, medical practices, public-health offices, breastfeeding peer counselors, and mother-support groups. This up-to-date resource provides the information you need to empower mothers to meet their breastfeeding goals. For Nancy's continuing commentary on breastfeeding research and trends, follow her blog at [NancyMohrbacher.com](http://NancyMohrbacher.com)

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