



It's Not Just Menopause; It's Your Thyroid!: 25 Thyroid and Hashimoto's Truths That Explain Why You Feel So Lousy, Drowsy, Exhausted, and Lost!

Dr. Joni Labbe

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It's Not Just Menopause; It's Your Thyroid!: 25 Thyroid and Hashimoto's Truths That Explain Why You Feel So Lousy, Drowsy, Exhausted, and Lost! Dr. Joni Labbe
It's Time To Learn The Truth About Your Thyroid And Hashimoto's!

Do you feel like your body started to fall apart the moment you hit menopause? Has your doctor told you that your tests are normal? Are your friends and family hinting that it's all in your head and what you're feeling is just normal aging?

Dr. Joni Labbe, the Thyroid Doctor, is here to tell you that you are not lazy, crazy, or finished! If you feel like someone has poured water in your gas tank, it could mean that your thyroid isn't functioning properly. You could have a thyroid disease like Hashimoto's thyroiditis or even an autoimmune disorder.

In this quick, and fascinating read, Dr. Labbe pulls back the curtain on your body to tell you what's really happening on the inside (Hint: It's not just menopause). Dr. Labbe reveals 25 powerful thyroid truths that will show you how an autoimmune condition can cause all the symptoms you are feeling like:

> Brain fog > Stubborn weight gain > Exhaustion > Bouts of anxiety > Low sex drive > and more.

Dr. Joni Labbe, DC, CCN, DCCN is a board certified nutritional consultant, public speaker, and author of numerous health-related articles and the book, *Why Is Mid-Life Mooching Your Mojo?* At the Labbe Health Center in San Diego, she has helped hundreds of women discover that the second half of your life can be the best half, but only if you protect your health! The first step is to figure out what's wrong. In this fast and fascinating book, you will learn things like:

> Normal lab tests don't mean your thyroid is normal > Your hypothyroidism might be caused by Hashimoto's > Your doctor probably isn't running the right blood tests on you > Your autoimmune disease is caused by genetics and the environment > A healthy brain makes a healthy thyroid > Gluten could be the culprit behind your hypothyroidism > You aren't crazy, lazy, or finished, no matter what your doctor tells you! > And much more!

Learn why menopause and aging aren't the end of your life, but could be the start of an amazing new chapter of health and vitality!

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Peggy Hahne:

What do you think about book? It is just for students since they're still students or this for all people in the world, the actual best subject for that? Merely you can be answered for that issue above. Every person has several personality and hobby for each and every other. Don't to be obligated someone or something that they don't wish do that. You must know how great along with important the book *It's Not Just Menopause; It's Your Thyroid!: 25 Thyroid and Hashimoto's Truths That Explain Why You Feel So Lousy, Drowsy, Exhausted, and Lost!*. All type of book is it possible to see on many methods. You can look for the internet solutions or other social media.

Brian Ramos:

Reading a e-book tends to be new life style within this era globalization. With examining you can get a lot of information that can give you benefit in your life. Together with book everyone in this world may share their idea. Guides can also inspire a lot of people. A lot of author can inspire all their reader with their story or maybe their experience. Not only the storyplot that share in the guides. But also they write about the data about something that you need example of this. How to get the good score toefl, or how to teach your young ones, there are many kinds of book that you can get now. The authors these days always try to improve their skill in writing, they also doing some study before they write on their book. One of them is this *It's Not Just Menopause; It's Your Thyroid!: 25 Thyroid and Hashimoto's Truths That Explain Why You Feel So Lousy, Drowsy, Exhausted, and Lost!*.

Billy Simpson:

Playing with family within a park, coming to see the sea world or hanging out with buddies is thing that usually you may have done when you have spare time, then why you don't try issue that really opposite from that. Just one activity that make you not feeling tired but still relaxing, trilling like on roller coaster you are ride on and with addition of information. Even you love *It's Not Just Menopause; It's Your Thyroid!: 25 Thyroid and Hashimoto's Truths That Explain Why You Feel So Lousy, Drowsy, Exhausted, and Lost!*, you may enjoy both. It is great combination right, you still want to miss it? What kind of hang-out type is it? Oh can occur its mind hangout guys. What? Still don't buy it, oh come on its identified as reading friends.

Diana Brunswick:

Is it a person who having spare time in that case spend it whole day by simply watching television programs or just telling lies on the bed? Do you need something totally new? This *It's Not Just Menopause; It's Your Thyroid!: 25 Thyroid and Hashimoto's Truths That Explain Why You Feel So Lousy, Drowsy, Exhausted, and Lost!* can be the answer, oh how comes? The new book you know. You are thus out of date, spending your spare time by reading in this new era is common not a geek activity. So what these books have than the

others?

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