



## **Self Discovery Box Set (3 in 1): Learn Simple Tips To Get The Life You Want and Find Happiness (Positive Thinking, Facing Fears, Goal Setting, Confidence Hacks and Become Unstoppable,)**

*Riley Stevens, Kathy Stevens, Rick Riley*

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- What is Emotional Intelligence?
- How Does Emotional Intelligence Help Us?
- How to Keep the Negative Out and Positive In!
- How to Change Your Thoughts Right Now!
- Success is Within Your Reach, So Grab It!
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- Helpful Habits for Success
- Much, much more!

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- Pointers for Avoiding Procrastination

- Helpful Hints for Focusing Better
- Helpful Strategies for Time Management
- Finding Balance and Managing Your Day
- Learn How to Manage Tasks
- How to Enjoy a Motivated and Productive Life
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- Hacks for Getting Yourself Going
- Hacks for Creating Personal Success
- Building a More Motivated and Successful You
- Much, much more!

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