



Teens- It's Time To Grow Up - Facilitator Reproducible Activities for Groups and Individuals

Ester R. A. Leutenberg, Carol Butler

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Written for practitioners working with individuals and groups.

Transitioning from the teen years into adulthood can be very exciting, yet scary; and it always includes growing pains. Teens who tire of adult advice listen to peers and messages from icons of popular culture. Some teens submit blindly to authority; some respect it; others rebel. Ideally teens will be receptive to wisdom but not controlled by commands; able to discern positive from negative peer pressure and media messages; and capable of monitoring and motivating themselves. Teens - It s Time to Grow Up helps teens learn, develop, mature and self-actualize with games, mock videos (skits or role plays for which teens prepare a possible video presentation), interviews, team activities, drawing, journaling, debates, discussion and other modes. These activities guide teens in many directions: As a facilitator, you will love the user-friendly activities with fully reproducible handouts as you help teens develop the skills needed to develop into strong, caring adults.

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