



# Better Than Chocolate: 50 Proven Ways to Feel Happier

*Siimon Reynolds*


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# Better Than Chocolate: 50 Proven Ways to Feel Happier

*Siimon Reynolds*

Kiss someone (kissing just feels great). Animated with cheery illustrations, BETTER THAN CHOCOLATE is sweeter than a candy bar baked into a brownie and dipped in hot fudge—and a whole lot better for you.

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