



Healthy Dinner Recipes: 120 Healthy Dinner Recipes for Chicken, Beef, Pork, Seafood and Pasta (healthy Dinner recipes, healthy cookbook, healthy recipes, healthy, healthy chicken recipes for dinner)

Jennifer Smith

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If you're looking for a great variety of healthy recipes for dinner then this cookbook will have you covered.

Inside you'll find 120 healthy recipes for Chicken, Beef, Pork, Seafood, Pasta and everything else for a healthy Dinner.

Enjoy healthy Dinners like:

- Buttermilk Oven "Fried" Chicken
- Baked Honey Mustard Chicken
- Chicken and Red Wine Sauce
- Mediterranean Roast Beef Pita
- Spiced Beef Patties with Couscous
- Spiced Fillet of Beef with Mizuna Salad
- Pork and Pumpkin Stew
- Spanish Crusted Roast Pork Tenderloin
- Stir-Fried Pork with Five Vegetables
- Seafood Stew with Leeks and Garlic
- Slow-Roasted Salmon with Fennel, Citrus, and Chiles
- Pasta Shells with Escarole, Sausage, and Cheese
- Multi-Grain Penne with Hazelnut Pesto, Green Beans, and Parmesan

And so many more wonderful recipes inside.

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Linda Long:

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