



Moodswing: Dr. Fieve on Depression: The Eminent Psychiatrist Who Pioneered the Use of Lithium in America Reveals a Revolutionary New Way to Prevent Depression

Ronald Fieve

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Fifteen years ago, this groundbreaking book provided new hope for those whose lives were devastated by moodswings and depression. Now, in this newly revised and updated edition, Dr. Ronald R. Fieve, the pioneer in the treatment of depression in America, offers an even brighter prognosis. Major advances in drug therapy have provided dramatic chemical "cures" that alleviate symptoms faster, more efficiently, and at a lower cost than ever before.

In this revised and expanded *Moodswing*, Dr. Fieve sheds new light on the causes and symptoms of specific mood disorders, including manic depression, seasonal depression, and PMS. Then, through case studies, he illustrates the effective use of the latest diagnostic methods and drug treatments. He also provides fascinating information on:

Why creative types are often prone to manic-depressive disorders--the results of a fifteen-year follow-up study.


How manic depression, alcoholism, and substance abuse go hand in hand.

How presidents, Pulitzer Prize-winning playwrights, and Wall Street wizards can benefit from "manic advantage," but crumble when their moods crash.

The revolutionary uses of one of psychiatry's greatest wonder drugs: lithium, as well as new material on the latest antidepressant drugs.

Why teenage and adult suicide is on the upswing and what friends and family can do to prevent it.

Why traditional psychoanalysis in the treatment of depression is, in many cases, no longer necessary.

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Karena Figueroa:

Spent a free time to be fun activity to complete! A lot of people spent their leisure time with their family, or all their friends. Usually they carrying out activity like watching television, gonna beach, or picnic inside the park. They actually doing same task every week. Do you feel it? Do you want to something different to fill your own free time/ holiday? Might be reading a book may be option to fill your totally free time/ holiday. The first thing that you will ask may be what kinds of e-book that you should read. If you want to attempt look for book, may be the publication untitled Moodswing: Dr. Fieve on Depression: The Eminent Psychiatrist Who Pioneered the Use of Lithium in America Reveals a Revolutionary New Way to Prevent Depression can be good book to read. May be it can be best activity to you.

Bette Morgan:

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Lamar Santiago:

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