



PROMOTING WELLNESS for prostate cancer patients

Mark A. Moyad

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Promoting Wellness for Prostate Cancer Patients is a unique educational book for individuals dealing with the many aspects of prostate cancer-from prevention to treatment and managing the common (and not so common) side effects of conventional therapy.

In this fully updated and redesigned Fourth Edition, Dr. Moyad covers the latest advancements in prostate cancer treatment while providing his trademark no-nonsense analysis on groundbreaking research that is currently underway. A new series of "Quick Tips" run throughout the book, where Dr. Moyad shares his secrets to improving overall health and vitality. Discover small diet and lifestyle changes that can produce big results.

This title is also available in a Spanish edition, Mayor bienestar para los pacientes con cancer prostatico.



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