



I am NOT Samm: A Mother and Child Exploration Into Dark, Light, and the Space In Between

Jeanette Wolfe ND

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Our newest population and the parents, professionals and caretakers who are attempting to support them, are meeting with unprecedented challenges. These young people come with a soul level directive that drives them from the day they are born. The whole time they are here in a physical form, their bodies are attempting to adjust to the frequency of their soul and its directives. Their DNA is unique. The functioning of the physical systems of their body, organs, brain processing and nutritional needs are all highly different than the generation before them. Many of these children spend their whole lives attempting to make peace with the density of human form and condition, which comes secondary to an unrelenting internal directive to support humanity. Part of this support is geared toward adding awareness to the medical, education, and parenting models. For most, parenting these young avatars is typically a game of “hit and miss” which takes a serious toll on all involved. The challenges of parenting these young people is greatly exacerbated by the exhausting effort required to live in a space of constant “trial and error” regarding how to support their children, in addition to attempting to break through the limitations of professionals who still may believe that bodies are what we are, that minds need molding, and that self-awareness is for the “woo woo” people. In the book, *I Am Not Samm*, Dr. Jeanette Wolfe chronicles the extraordinary journey that she and her son have taken and what has and has not worked! A journey filled with frustrations that gave way to enlightenment, unconsciousness that gave way to self-awareness, and isolation that gave way to the sharing of their combined wisdom in the words of this book. As you read their words, it will become immediately obvious that there is enough awareness here to reflect lifetimes of experience. Samm and Jeanette have surely lived many lives in this one incarnation, and Samm’s name changes throughout their story will reflect not only his shifts in consciousness, but also the restructuring and integration of his body, mind and spirit. This is no easy task even for a consciously aware multidimensional being. As Dr. Jeanette Wolfe shares, she went to great lengths to learn all that she could to support her multidimensional son. Her dedication to Samm resulted in a doctorate in naturopathic medicine and a thorough investigation of energy medicine, healing, and self-love, the wisdom of which she shares in every page with you and now generously shares with her patients. *I Am Not Samm* explores the truth that lies beyond the body and mind, while at the same time exposing you to a level of conscious awareness that is truly worthy of the soul! Allow this remarkable and heartfelt journey to empower you and to support you in the integration of ideas, concepts and awareness’s that you may not have had words for and perhaps have not dared to allow yourself to explore.

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