



Alcohol Cure: Ultimate Guide To Quitting Alcohol For Good (symptoms of alcohol withdrawal, alcohol detox at home, alcohol withdrawal supplement, stop drinking alcohol pills, stop drinking)

John Richlove

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This Book Has Comprehensive Information To Help You Quit Alcoholism For Good

They say a little glass of wine is good for the stomach. Well, although many of us have at one point in our lives been drunk, many of us have learnt to control how much alcohol we drink. Alcohol is undoubtedly a great social drink; it helps us socialize, pass time and “de-stress” in many ways. **However, it also has its dark side in that many people who started drinking as a way of passing time end up relying on it excessively. This is where addiction sets in.** When you get to a point of losing control, of how much you drink and how often you drink, then you definitely have a problem.

Is your alcohol addiction bringing troubles in your life? The truth is that alcohol abuse has greatly disrupted the lives of the users and their families. Alcohol over-use can lead to intoxication, which is characterized by loss of consciousness, delayed reflexes, poor balance, incoherent speech and face redness. You can progress into this level of intoxication that is termed as life-threatening alcohol poisoning. Here you can easily die since your respiratory system becomes depressed and you might stop breathing.

Well, obviously, no one wants to die especially when they know that they could do something about the situation. However, even after seeing the negative effects, many of us who have had alcohol addiction cannot just stop. The withdrawal symptoms are just too much to bear so we end up going back to nurse our troubles. This could be an endless cycle that you definitely wouldn't want to be in. **If you are looking for a solution to alcohol addiction, this book will help you overcome alcoholism by following simple steps.**

In This Book You Will Learn The Following:

- The Sad Truth About Alcoholism
- Signs of Alcohol Abuse
- Stages Of Alcoholism
- Common Withdrawal Symptoms
- Find Meaning in Your life

- Plus Much More...

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