

# The Secret Spiritual World of Children: The Breakthrough Discovery that Profoundly Alters Our Conventional View of Children's Mystical

## Experiences

Ph.D. Tobin Hart



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Many children experience some form of divine union, see visions, or have an inkling of ephemeral truth and wisdom—connections to the spiritual world that they often cannot articulate. If overlooked or ignored, a child's spiritual development quickly fades or disappears entirely.

Tobin Hart, psychologist, professor, and pioneer of the ChildSpirit movement, explains how to recognize and identify children's deep spiritual connections. Children's spirituality is an important part of the development of identity and self-actualization, and recognizing and nurturing this growth process is critical for parents, educators, and therapists. Based on more than ten years of interviews, this book combines startling firsthand accounts of secret spiritual lives, including recollections from adults who have forgotten or repressed such childhood experiences. Dr. Hart's exploration reveals the astonishing complexity of inner spirituality and exposes children's innate ability to access wisdom and knowledge far beyond their years.

Nimbly interweaving insights and practical advice into a body of scientific study, The Secret Spiritual World of Children provides an entirely accessible and practical guide for nurturing the heightened spiritual sensitivity in children and reclaiming it as adults.

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