



41 MIRACLE JUICE RECIPES FOR MENS HEALTH. THE REVOLUTIONARY JUICING PLAN FOR GETTING LEAN, BUILDING MUSCLE & HEALTHY VIBRANT SKIN!

OLIVER MICHAELS

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These are then absorbed into your blood stream giving your body the amazing benefits of recovery, healing and repair it needs.

Without this your body is in constant defense mode and is continually fighting off sugar intakes, dehydration and dealing with your body's toxins.

HOW DOES YOUR BODY CONSTANTLY DO THIS?

Your body uses its own natural reserves and resources of energy, water and calcium taken from your teeth and bones. This causes you those crashes and fatigue, the sudden dips in energy, premature aging and further results in your low immunity levels.

Juicing equips your amazing body with all the natural minerals, nutrients and phytonutrients (Nutrients derived from plants and essential for human life).

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