



## Inspiring Colours IV: blue-indigo-purple

*Ana da Silva*

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## **Inspiring Colours IV: blue-indigo-purple** Ana da Silva

This is the 4th volume of a series of 5 planned photo books about the symbolic meaning of colours, their influence on our emotions, our environment and daily lives.

Each volume is dedicated to one specific colour group and profusely illustrated with pictures (by the author) matching "that" colour group:

Vol. 1 = red-rose pink / Inspiring Colours I

Vol. 2 = brown-orange-yellow / Inspiring Colours II

Vol. 3 = all-kinds-of-green / Inspiring Colours III

Vol. 4 = blue-purple-indigo / Inspiring Colours IV

Vol. 5 = black-gray-white / Inspiring Colours V

Blue contains a cool vibration that is helpful for communication. It also gives us a feeling of distance.

Many painters use it to show perspective. This is a good way to understand the energy of the colour blue - it allows us to look beyond and increase our perspective outward.

The vibration of blue can be used to open energy flow where it is blocked.

Using blue to relax will encourage feelings of communication and peace.

Enjoy and get inspired!

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