



Boundaries Participant's Guide

Henry Cloud, John Townsend

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Healthy relationships and sound living depend on maintaining smart personal boundaries. But many people don't know where to start. Here's where -- with Boundaries Zondervan Group Resource. Based on the best-selling book by Drs. Henry Cloud and John Townsend, these nine interactive sessions can make a life-changing difference. Drawing on principles from the Bible, Boundaries guides small groups on a journey of discovery and practical application . As a participant, you'll learn to live your life more fully and display Christ's love more freely. Each of nine Boundaries sessions contains a video presentation by Drs. Cloud and Townsend. It's the centerpiece for insights, exercises, and spirited discussions that can profoundly improve the quality of your relationships in every sphere of life -- marriage, family, friendships, church, and the workplace. If you would like a richer, more rewarding way of living, Boundaries is for you. Get set to enjoy the support and interaction of a small group as you cultivate the habits of productive relationships.

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