



# The New Middle Eastern Vegetarian: Modern Recipes from Veggiestan

*Sally Butcher*

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## **The New Middle Eastern Vegetarian: Modern Recipes from Veggiestan** Sally Butcher

A beautifully photographed culinary and cultural tour of the Middle East. Shortlisted for the Guild of Food Writers' Cookery Book of the Year Award. In this upbeat guide to Middle Eastern vegetarian cooking Sally Butcher proves that the region is simply simmering, bubbling and bursting with sumptuous vegetarian traditions and recipes. Written in her trademark engaging and knowledgeable style, Sally takes a fresh look at many of the more exciting ingredients available today in local grocery stores and supermarkets as well as providing a host of delicious recipes made with more familiar fare. From fragrant Persian noodle rice to gingery tamarind eggplants, pink pickled turnips and rose petal jam, *The New Middle Eastern Vegetarian* is filled with aromatic herbs and spices, inspiring ideas and all the knowledge needed to cook wonderful vegetarian food from the Middle East and beyond.

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