



Empty Hand Revolution: The Unfinished Life of Cosmo Zimik

David Mark Brown

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What People Are Saying:

"I laughed and ached at the same time. Above all, it gave me a desire to be bolder." Nokho Nyekha

"The story touched me even more the second time through." Jennifer Leblanc

"The struggles and pain were vivid. An absolutely fantastic read." John Langdon

"I recommend this book to anyone with a heart for justice and identity. Cosmo Zimik is inspired." Frans Welman

Product Description:

The war defines the warrior.

Born into a tribal war with India, trained as a black belt and street fighter from the age of nine, tortured and left for dead at the age of seventeen, Cosmo Zimik has an intimate, working knowledge of violence.

During his long weeks of recovery, nursed to health by a total stranger deep in the jungle, the seed of the Empty Hand Revolution germinated in Cosmo's mind. Four years of underground fight clubs, multiple contracts on his life and another near death experience forced Cosmo's Empty Hand Revolution into full fruition.

In a world hungry for power and drunk on violence, what does it mean to be a warrior? True greatness requires humility. Courage requires surrender. Developing into a warrior on such terms has been Cosmo Zimik's life quest. Born a Naga and forged a warrior, Zimik became a missionary and then finally a revolutionary of a new breed. From the jungles of Manipur to the streets of Delhi to the countryside of Idaho, his extraordinary journey will inspire and convict.

Empty Hand Revolution invites the reader to experience Cosmo's sometimes humorous, sometimes tragic, yet always incredible world through his own eyes. And may the bold in spirit discover first-hand where empty hands can lead.

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